

# Perinatal News

November 2013



This newsletter marks the first 6 months of the new **Perinatal Institute (PI)**, a national not-for-profit organisation set up to enhance the safety and quality of maternity care.

PI is run by core staff from the former West Midlands Perinatal Institute which closed in March 2013 along with the region's SHA and PCTs as part of the last NHS re-organisation. It is a qualified

provider of maternity support services, including education and training in best practice, standardised maternity records, perinatal audit, fetal growth assessment and stillbirth prevention.

For further details of our activities, please see [www.perinatal.org.uk](http://www.perinatal.org.uk)

## Perinatal Institute wins national Patient Safety Award



The Perinatal Institute picked up the prestigious Award for Clinical Leadership at the national **Patient Safety Awards 2013**.

The award recognised PI's groundbreaking work on **stillbirth prevention**, through improved antenatal identification of pregnancies at risk due to fetal growth problems.

The award was presented by Jenni Middleton, Editor of Nursing Times and Alastair McLellan, Editor of the Health Service Journal, at a ceremony addressed by Robert Francis QC and attended by over 1000 NHS staff at the Grosvenor Hotel in London.

Professor Jason Gardosi, director and Sally Giddings, head of PI's midwifery team, thanked the judges on behalf of the many



*Left to Right: Sally Clifford, Sally Giddings, Ian Bird, Michelle Southam, Jason Gardosi, Shani Taylor, Mandy Williams, Chris Fernyhough, Lynne Wood.*

clinicians around the region who had put in extra effort to improve local practice, and expressed the hope that the award will help raise awareness about one of the most ignored patient safety issues in the NHS today. *'We would like to dedicate this award to the many mothers whose sad pregnancy outcomes have taught us that in fact most of these losses are potentially avoidable'*.



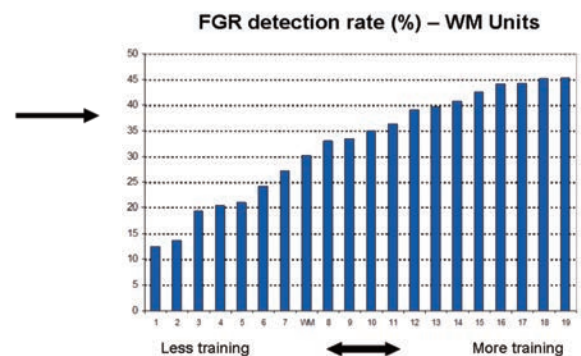
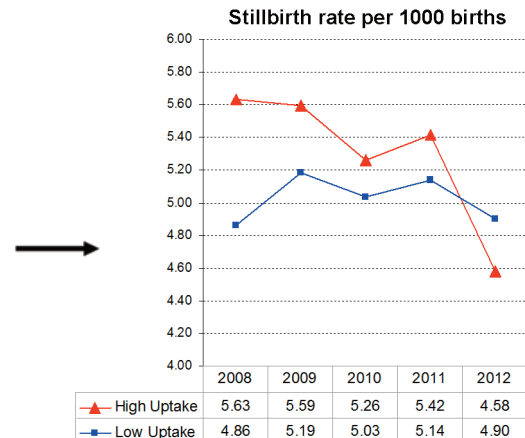
# GROW training associated with national drop in stillbirth rates

Recently released 2012 ONS data show that stillbirths have fallen to their lowest ever rate in England & Wales.

This drop can be attributed to significant downward trends in stillbirths in three regions where the majority of units have taken up GROW training & accreditation for the use of customised growth charts and protocols. In contrast, stillbirth rates remained unchanged in areas with low uptake of training.

Detailed audits in the West Midlands have shown a direct relationship between the training received and performance in antenatal detection of fetal growth restriction. The best units were performing 4 times better than the worst units.

Therefore the Perinatal Institute has commenced roll-out of GAP, a co-ordinated programme of growth assessment using the latest evidence based guidelines.

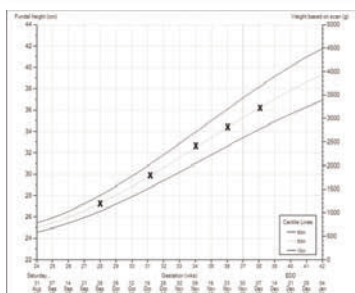


## Growth Assessment Protocol (GAP)



### The GAP programme includes

- Training in risk assessment and standardised examination
- “Train the Trainer” accreditation for unit leads
- Template Competency document
- E-Learning tool
- Customised chart software with latest coefficients & functionality
- Template protocol reflecting current evidence and guidelines
- Reporting of unit based FGR rates and antenatal detection rates
- Audit tool for local assessment of missed cases
- Priority help desk support



For further information, come and see us on RCM Stand 18  
or go to [www.perinatal.org.uk/GAP](http://www.perinatal.org.uk/GAP)

# Standardised maternity notes

- a high quality source of information and empowerment

The Perinatal Institute is working in partnership with Harlow Printing Ltd to supply maternity notes for antenatal, intrapartum and postnatal care.



The notes are regularly updated through a process of wide consultation and incorporate the latest evidence and national guidelines.

The suite of hand held notes provide multidisciplinary teams a standardised record, and empower mothers to be informed and fully engaged in their care. The notes support data collection for local audit including CNST, secondary data collection such as vital signs and maternity pathways (PbR).

Following wide consultation, we have just released the new hand held **Perinatal Notes** which combine antenatal, intrapartum and early postnatal care. They include

- full antenatal and intrapartum VTE assessment
- antenatal screening timeline,
- antenatal admission forms, and
- full record of care for the perinatal period.

For further details, please visit us on Stand 18 or go to [www.preg.info](http://www.preg.info)

*NB: PI has been able to negotiate special offers from Harlow Printers, available in 2013/14, for Units and Trusts who wish to pilot the new Perinatal Notes.*

Antenatal Payment Pathway	
Maternity Booking Appointment	
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## Digital data capture

The Perinatal Institute is able to offer two cost-effective solutions for electronic capture of information for the payment pathway, collection of the national maternity dataset, and for clinical audits, reports and benchmarking

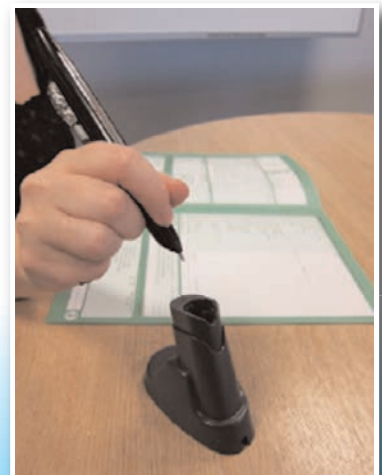
### 1. Maternity Information Capture and Reporting (MICARE) -

in collaboration with Northgate, allows rapid collection of information recorded in the standardised maternity record at key points in the pregnancy, digitised and validated to provide standard electronic reports to maternity units and commissioners in a secure and timely manner.

### 2. Perinatal Notes Digipen Solution -

our hand held maternity notes on Anoto pattern paper and digital pens, for real time capture and validation of data at all stages in pregnancy.

For further details, visit us at RCM Stand 18 or write to [notes@perinatal.org.uk](mailto:notes@perinatal.org.uk)





# Best Practice Maternity Study Days



Keeping up-to-date with best practice is a major concern in maternity care. This series of study days is an enjoyable way for clinicians to become better informed, and includes opportunity to discuss risk assessment, management and care pathways, as well as appraise the latest evidence and its implication for best practice.

*'A great day, well presented and put together'.*

*'They.....help me to be a better midwife'*

*'Diverse topics which were informative and interactive'*

*'Very interesting and well presented, great value for money'*

## 2013/14 Programme

**Venue: Perinatal Institute, Birmingham**

<b>Antenatal Best Practice 1</b>	Wednesday 11th September 2013	Impact of sexual abuse and trauma on childbirth, child protection, preparing parents; prevention non-accidental head injury, diabetes in pregnancy
<b>Postnatal Best Practice 1</b>	Wednesday 9th October 2013	Postnatal mental health – Elaine Hanzak Author of 'Eyes Without Sparkle' talks about her personal experiences of postnatal depression
<b>Social Issues in Maternity Care</b>	Wednesday 20th November 2013	Routine enquiry and domestic violence in pregnancy, working with domestic abusers both men and women, teenage pregnancy, Female genital mutilation
<b>Management of Perinatal Loss</b>	Wednesday 15th January 2014	Including; investigations and consent, supporting bereaved parents, palliative care
<b>Perinatal Mental Health</b>	Wednesday 12th March 2014	Including; identifying anxiety and depression antenatally, treatment and support
<b>Intrapartum Best Practice 1</b>	Wednesday 18th June 2014	TBC: Perineal trauma and repair, Hypertensive diseases, major obstetric haemorrhage

<b>Fees</b> include lunch and refreshments	1 Day Course	Or book 3 Days for
Midwives / Nurses / Health Visitors	£40	£100
Student Midwives / Nurses / HVs	£25	£60
Doctors	£100	£250



For further information and bookings, please go to [www.perinatal.org.uk](http://www.perinatal.org.uk) or contact Lynne Wood, Perinatal Institute, 75 Harborne Rd, Edgbaston, B15 3BU  
Tel +44(0)121 607 0127  
Email: [events@perinatal.org.uk](mailto:events@perinatal.org.uk)

